

WELCOME

Located in the historic college town of Davidson, North Carolina, the Davidson Clergy Center (DCC) is a place for clergy, missionaries, and other church professionals to be restored in mind, body, and spirit. The Center provides access to the highest level of professional services through unique Three-Day and Five Day Renewal Programs with:

EXPERIENCED, FAITH-BASED MENTAL HEALTH COUNSELORS

DCC's counselors and associates are licensed and accredited, including: Ph.D. therapists, Pastoral Counselors, Licensed Professional Counselors, and on-call psychiatrists. Representing many denominations and faith traditions, they bring a pastoral identity and faith-based perspective to each client.

SKILLED, ACCREDITED, GROUP CONSULTANTS & SPIRITUAL DIRECTORS

Bringing traditional tools of spiritual direction as well as modern systems assessment, group consultations help clients access their spiritual health and its relationship to family, church, and community. The goal is to provide specific tools for clients to develop a five-year plan that clarifies their current ministry, or transition, and how they may effectively serve while sustaining a balanced and joyful life.

MEDICAL PROFESSIONALS & PHYSICAL TRAINERS

Clients receive a thorough physical screening providing vital health information through:

- A comprehensive physical by a board-certified physician of internal medicine;
- Physical profile including cholesterol/lipid and glucose/blood sugar lab tests and a body mass index;
- Interpretation of the lab work by a registered nurse who discusses a nutrition program, so the client can commit to short-and long-term physical goals.
- A certified personal trainer provides four sessions of one-on-one physical training to develop an exercise program based on individual needs.



DCC's MISSION

The Davidson clergy Center is a national and regional center where spiritual leaders can find:

RENEWAL

By providing clergy and church professionals access to spiritual, mental health, and health resources to avoid vocational burnout and nourish personal wholeness.

RECOMMITMENT

For those who have given lives of service but feel they are no longer supported in their work and may be questioning their calls to ministry.

RESTORATION

For clergy and church professionals who are experiencing a stressful situation in their ministry.

The Davidson Clergy Center is founded on the belief that God calls real people to the ministry, persons who have the same strengths and weaknesses as those they serve. DCC seeks to provide an opportunity to develop the tools necessary for personal wholeness so individuals may joyfully give and use their gifts within a balanced life.

Davidson Clergy

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FIVE-DAY COMPREHENSIVE RENEWAL PROGRAM

The Five-Day Comprehensive Renewal Program focuses on personal assessment, strengthening mental, physical, and spiritual health, teaching self-care, and forming a five-year plan.

The program begins Monday morning and ends mid-afternoon Friday. Individual and group consultations, morning prayers, and physical training are scheduled each day from approximately 8:15 a.m. to 5:30 p.m., with appropriate breaks.

Clients arrive in Davidson Sunday evening or Monday morning depending on their schedules, travel arrangements, and proximity.

Each day, clients meet with counselors in individual consultations. The therapist works with the client to assess mental health and begin developing short-and long-term goals to initiate positive changes.

A personal trainer guides clients through fitness regimens specifically designed for their physical profile and begins charting goals. In addition, each client receives a comprehensive physical by our board certified medical director.

Group sessions build on individual consultations to help the client better learn about self and others. The focus of these groups is developing strategies of leadership based on analysis of client's specific experiences.

On Friday, the focus of individual counseling is on assessing the week's evaluation and goals, to help the client build a five-year plan to strengthen mental, physical, and spiritual wellness in their community and family.

THREE-DAY RENEWAL PROGRAM

The Three-Day program is much like the Five-Day program, with a more intensive schedule. The program is held during selected weeks, focusing on the church calendar's busiest times. The program begins Tuesday morning and ends Thursday afternoon.

RESERVATIONS & REGISTRATION

Renewal programs are held throughout the year. For a schedule of specific weeks, please call the office or visit "Reservations" on our website.

Call or e-mail for availability

1. E-mail davidsonclergy@bellsouth.net or call 1-800-233-7258 to reserve a date for the Comprehensive Five-Day or Three-Day Renewal program.
2. After a date is reserved, you will receive a registration packet in the mail.
3. The registration packet includes an authorization form for insurance benefits, which allows DCC to communicate with your insurance provider. An initial schedule of your program, readings, and preparation materials are also enclosed.
4. The Registration packet includes a Neo PI-R™ personality inventory to help you learn more about yourself and make the time with your counselor more productive and helpful.
5. The inventory and insurance forms are returned to DCC with a deposit to secure your reservation. The deposit is refundable up to three weeks before arrival.

COSTS & BILLING

Our financial manager will assist you in making the program as accessible as possible. The manager will give you an analysis of what your insurance will provide, submit claims, and help with recommendations for denominational and other resources.

The majority of costs are covered through most church insurance plans. Insurance providers are increasingly responsive in supporting programs that strengthen clergy and church professionals before issues negatively affect one's health, relationships, or ministry. **Additionally, uninsured costs are often covered through continuing education allowances.**

TRANSPORTATION, LODGING & ACCOMMODATIONS

DCC is centrally located in the small—pedestrian friendly—town of Davidson, North Carolina. It is within a short distance of numerous hotels, inns, shopping, and restaurants.

Davidson is part of the Charlotte-metro region. It is easily accessible from Interstate highways I-77 and I-85 and is within 20 miles of the Charlotte-Douglas International Airport.

Special accommodations have been made with nearby hotels offering greatly reduced rates, including breakfast, for DCC's clients

Our staff will be pleased to assist with your travel questions and arrangements.

UNIQUE & EXCEPTIONAL

While there are several retreat facilities with counselors as well as numerous continuing education opportunities for clergy, the Davidson Clergy Center is entirely dedicated to the spiritual, physical, and mental well being of clergy and church professionals.

OTHER SERVICES OFFERED BY DCC

SEMINAR OPPORTUNITIES

Bring your church staff, pastoral study or covenant group, clergy association, or lay leaders to a seminar tailored to your specific needs. Licensed, accredited pastoral counselors and consultants with extensive experience in the care of clergy and congregations will lead groups.

BOOKSTORE

A small, specialized bookstore offers works focusing on the personal, professional, and relationship needs of clergy.

AREA CLERGY

Consultation and support groups are available for area clergy. Pastors may join ongoing groups, which bring pastoral situations for reflection and review, as well as a confidential place to address personal issues.

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